

NOVEMBER 2024

GILDERSLEEVE GAZETTE

*Kirtland Senior Center
Monthly Newsletter*



So close! I still can't believe the season the Cleveland Guardians had! If you would have told me in March that I'd be sitting on the edge of my seat in mid-October, listening to Hammy wildly barking into the airwaves as baseballs were flying out of Progressive Field and Yankee Stadium, I would have said "no way!" My favorite call was when Jhonkensy Noel hit a blast to the left field bleachers sending northeast Ohio into a state of bedlam. Tom Hamilton, the best radio announcer in baseball – by far – was beyond hysterical in the bottom of the ninth inning of game four against the New York Yankees when "Big Christmas" launched himself into Cleveland infamy.

I was sitting in my car waiting for my daughter to come out of dance class when Noel's bat tore the cover off a pitch to tie the game and send Hamilton over the edge. The call went as follows: "Swung on and hammered! High, to deep left! Way back! Gone!" Sitting in the car, the only thing I knew for sure was that Noel hit a homerun off the low and away pitch. Hamilton, due to the crazed fervor of his reaction, was nearly impossible to understand. That homerun saved the game and sent us into a tenth inning and more high drama resulting in a Guardians win and resurrected all hope that this was "our year."

As we all know, it wasn't meant to be, and the Guards lost on a Saturday night nail biter. But, because of how the Guardians battled, and exceeded all expectations, they lifted the city's spirits and took our minds off the debacle that once again is the Cleveland Browns. A Browns team that currently is not worth a whole lot more print than that single utterance.

In closing, a quick reminder that a Charter Amendment is on the ballot for Kirtland. The ballot measure offers the "yes" or "no" question as to whether the city receives funding for a twenty-year road paving program. The revenue to be generated would derive from an income tax and not a property tax, thereby not affecting retirement or disability income. I'm interested to see how Kirtland votes on this issue and in either regard, I'll appreciate everyone that came out and exercised their right to vote. ~ Mayor Potter



I think it was best put by one of your peers: we didn't know how bad the parking lot was until it was redone. Thank you thank you thank you for your patience in the building closure and your flexibility as Service Director Fornaro led this important improvement. I appreciate all who have asked: this project was primarily funded through the Lake County Senior Services Levy. We are grateful for their support in keeping seniors a focus for our local and wider community!



This past month brought National Coffee with a Cop Day, the completion of our first ever Life Adjustment Group session, Shred Day, a trip to Kirtland's Historic site, and so much more. We have these opportunities due to the commitment of our Council, administration, the county, and most importantly - you!

Much appreciation to those who assisted in this year's Trunk or Treat. Our pavilion was decked out for the occasion, and from making popcorn to passing out treats to setting up their own trunks to cleaning up, the estimated 300 children had a ball due to the efforts of our amazing seniors and staff!

These next two months will be chockful as usual, and we hope that you take advantage of the opportunities presented. We know that the start of the holiday season can be not only busy, but stressful. Luckily, the Kirtland Senior Center is here to help you work off some of that stress through exercise, art, trips, community, and food!

Until the end of the year, our volunteer group will be focusing on assisting our local community. The Kirtland Area Service Council will be preparing their annual food baskets for families, and can sure use your help. We will be collecting food and welcoming any help in assembling the boxes. In December, the Police Department will be asking for toy donations, and their specific requests will be available soon. One of my favorite annual events is helping them wrap the toys, and we will be hosting them at the Center on December 19. Trust me, any experience level is welcome!

Three of Kirtland's traditions are coming up in a few short weeks, and we don't want you to miss out! The Veterans Day Lunch will be held on Thursday, November 7 at noon in the Violet Room. Please note that in order to attend, you must be a current member of the Center. Veterans are free, non-veteran members are \$10, and everyone must RSVP so we have adequate preparation. Join us in honoring those who have served our country at this important event.

The Holiday Party will be held at Pine Ridge in Wickliffe on Wednesday, December 11, with doors opening at noon. The cost is \$20 per person and you must be a Kirtland Senior Center member to attend. Please remember that if you have dietary restrictions to please let us know so that we may be able to accommodate you better. Make sure to pre-register and pay by Monday, December 2 **(or until sold out)**. No registrations will be taken after this day.

And finally, all are welcome at the Prayer Service of Thanksgiving (details on page 7). This event brings together churches and civic organizations from around the community to recognize what we have been given. A collection to benefit the Kirtland Area Service Council will be taken at the event; you are also welcome to use the QR code on page 7 to donate if you wish.

This past month, my husband and I headed out to Cavotta's Garden Center on Nottingham to hear the amazing talents of one of KSC's very own. While I can't play the harmonica, I can appreciate those who do. My November picture is the result of a "who can make the squishiest face" contest that Andrew and I had between sets. I thought I did pretty well, but he definitely won. ~ Teresa

TABLE OF CONTENTS

Page 1: Note from the Director

Page 2: Weekly Schedule

Page 3: Monthly Schedule and Prices

Page 4: Classes and Activities

Page 5: Bus Trips and Upcoming Events

Page 6: Upcoming Events

Page 7: Community News

Page 8: Senior Board, Community News

Page 9: Community News

Page 10: Senior Spotlight

SENIOR CENTER MEMBERSHIP

Per calendar year

Resident (first year): \$10

Non-resident (first year): \$12

Resident (renewal): \$5

Non-resident (renewal): \$7

Paperwork and information available at the front desk

NOVEMBER 2024 WEEKLY SCHEDULE

COMING IN NOVEMBER 2024

MONDAY

9:00 – 9:45 am
 10:00 – 1:00 pm
 10:00 am
 10:00 am
 1:00 – 2:00 pm
 1:00 – 3:00 pm

Strength Training
 Pickleball (drop-in)
 Knitting Group (drop-in)
 Balance/Flexibility Class
 Tai Chi Fit
 Chair Volleyball (drop-in)

Gym Closed for Voting
 Senior Board Meeting
 Bus Trip to Amish Dinner
 Volunteer Meeting
 Veterans Day Lunch
 Fall Yard Clean-up
 Hiking Club
 Center Closed for Veterans Day
 Podiatrist
 Trivia
 Men's Lunch
 Attorney
 Bus Trip to Lakewood
 Chair Volleyball @ Perry
 Trash to Treasure
 Birthday Lunch
 Hospice Presentation/LAG
 Book Club
 Massage
 Ecumenical Prayer Service
 Center Closed

November 4 - 5
 Wednesday, November 6
 Tuesday, November 6
 Thursday, November 7
 Thursday, November 7
 Saturday, November 9
 Monday, November 11
 Monday, November 11
 Tuesday, November 12
 Tuesday, November 12
 Wednesday, November 13
 Friday, November 15
 Friday, November 15
 Monday, November 18
 November 18 - 27
 Tuesday, November 19
 Wednesday, November 20
 Thursday, November 21
 Friday, November 22
 Tuesday, November 26
 November 28 - 29

TUESDAY

8:30 – 9:30 am
 9:30 – 12:00 pm
 10:00 - 11:00 am
 11:30 – 2:30 pm
 12:00 pm
 2:30 – 3:30 pm

Advanced Pickleball (drop-in)
 Piano Lessons (11/12 & 19)
 Aerobics
 Pickleball (drop-in)
 Bingo (drop-in)
 Beginner Pickleball (drop-in)

WEDNESDAY

9:00 – 9:45 am
 10:00 am - 1:00 pm
 10:00 am
 10:00 am - 12:00 pm
 11:00 am - 12:00 pm
 1:00 pm - 3:00 pm

Strength Training
 Pickleball (drop-in)
 Sewing Group
 Reflexology/Light Therapy (11/13 & 27)
 Fit Yoga w/ Sue
 Chair Volleyball (drop-in)

THURSDAY

8:30 – 9:30 am
 9:30 – 11:30 am
 10:00 am
 10:00 am
 10:00 – 1:00 pm
 12:00 – 1:00 pm
 12:30 – 2:30 pm
 1:00 - 3:30 pm

Advanced Pickleball (drop-in)
 Watercolor Painting
 Chess (drop-in)
 Cardio-drumming
 Pickleball (drop-in)
 Reiki (11/14 & 28)
 Acrylic Painting
 Beginner Pickleball (drop-in)

FRIDAY

9:00 – 10:15 am
 10:00 – 1:00 pm
 10:30 – 11:30 am
 10:30 – 11:30 am
 1:00 – 3:00 pm

Gentle Yoga
 Pickleball (drop-in)
 Chair Yoga
 Strength Training (11/1 & 15)
 Chair Volleyball (drop-in)

Ladies' Lunch
 Volunteer Meeting
 Senior Board Meeting
 Massage
 Bus Trip to Edwins
 Hiking Club
 Podiatrist
 Holiday Party @Pineridge
 Service Council Food Basket Help
 Bus Trip to Stan Hywet
 Trash to Treasure
 Birthday Lunch
 Open LAG Workshop
 KPD Gift Wrapping @ SC
 Attorney

Wednesday, December 4
 Thursday, December 5
 Thursday, December 5
 Friday, December 6
 Friday, December 6
 Monday, December 9
 Tuesday, December 10
 Wednesday, December 11
 Friday, December 13
 Saturday, December 14
 Monday, December 16
 December 16 - 20
 Tuesday, December 17
 Wednesday, December 18
 Thursday, December 19
 Friday, December 20

DECEMBER 2024 EVENTS

Drop-in activities require no pre-registration

NOVEMBER CLASS & WELLNESS SCHEDULE

REGISTRATION IS REQUIRED FOR THE FOLLOWING CLASSES OR WELLNESS APPOINTMENTS:

Fitness Class	Time	Dates	Cost
Aerobics Instructor: Cheryl	Tuesday 10:00-11:00	November 5, 12, 19, 26	\$16 Drop-in: \$4
Aerobics w/drumming Instructor: Cheryl	Thursday 10:00-11:00	November 7, 14, 21	\$12 Drop-in: \$4
Balance Class Instructor: Dawn	Monday 10:00-11:00	November 4, 18, 25	\$9 Drop-in: \$3
Gentle Yoga Instructor: Anne	Friday 9:00-10:15	November 1, 8, 15, 22	\$12 Drop-in: \$3
Chair Yoga Instructor: Anne	Friday 10:30-11:30	November 1, 8, 15, 22	\$12 Drop-in: \$3
Fit Yoga Instructor: Sue	Wednesday 11:00-12:00	November 6, 13, 20	\$9 Drop-in: \$3
Strength Training Instructor: Nancy	Mon/Wed 9:00-9:45 Select Fri @ 10:30	November 6, 8, 13, 18, 20, 22, 25 December 2, 4, 6	\$30 (10) \$24 (8) \$12 (4) Drop-in: \$3
TaiJiFit Instructor: Tim	Monday 1:00-2:00	November 4, 18, 25	\$9 Drop-in: \$3
Classes	Time	Dates	Cost
Watercolor Painting	Thursday 9:30-11:30	November 7, 14, 21	\$15/month
Acrylic Painting	Thursday 12:30-2:30	November 7, 14, 21	\$15/month
Piano Lessons <i>*must register 2 per month*</i>	Tuesday 9:00-1:30	November 12, 19	\$15 per 30 minutes

Workshops	Time	Dates	Cost
Chess Club	10:00 am	Every Thursday	FREE
Life Adjustment Group	1:00 pm	Wednesday, November 20	FREE
Sewing Group	10:00 am	Every Wednesday	FREE
Knitting Group	10:00 am	Every Monday	FREE
Wellness/ Other	Time	Dates	Cost
Attorney: Deborah Loughner	Friday 1:00-3:00	November 15 December 20	FREE 30 minutes
Podiatry: Dr. Kelly Whaley	Tuesday 9:00-12:00	November 12 December 10	\$30 per 15 minutes
Reiki: Anne Owens	Thursday 12:00, 12:30	November 14	\$20 / 25 minute session
Reflexology or Light Therapy: Linda McMahon	Wednesday 11:00-1:00	November 13, 27	\$40 (Either Reflexology or Light Therapy)
Swedish Massage: Natalie Lopez	Friday 11:00 -1:00	November 22 December 6	\$60 per 50 minutes
Hiking Club <i>*See page 4 for location</i>	Monday 10:30 am	November 11 December 9	FREE

HIKING CLUB - MONDAY, NOVEMBER 11

Join us for a hike on **Monday, November 11 from 10:30 - 11:30** at Veterans Park, 5730 Hopkins Rd. Mentor. **We will meet in the parking lot. Registration is requested but not required!** We hike rain or shine... use your best judgment and dress for the weather. A special thanks to Sue and Bob Morecki for leading us on the journey! See you on the trails.

CHESS CLUB

Are you a chess player? Do you want to learn how to play chess? We meet weekly on Thursday mornings at 10:00 am - 12:00 pm. All levels are welcome and no registration is necessary!

CARDIO DRUMMING & AEROBICS

Our awesomely fun aerobics class continues on Tuesdays at 10:00 am, and the cardio drumming class meets every Thursday at 10:00 am. Come join the fun! If you have never tried the class, the first one is free.

BINGO

We are playing Bingo every Tuesday (unless there is another event scheduled at that time)! Bingo will be held in the Sunflower Room at 12:00. There is no cost to play and everyone is invited.

PIANO LESSONS

Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons tailored to the learning styles of the adult students. Students are welcome to bring their own music to lesson. You must sign up for two classes a month. The cost is \$30 per month. Please contact the front office if you are interested in taking lessons. The next lessons will be held on November 12 and 19, between 9:00 am - 1:00 pm. Right now, we are looking to perhaps add a second session of classes if there is enough interest. The wait list is available at the front desk.

STRENGTH TRAINING

Our fantastically fantabulous Strength Training instructor, Nancy, has added a Friday class! Thanks to the flexibility of the yoga classes (pun intended), Nancy will now be offering classes on the first and third Fridays of the month at 10:30. Check the calendar for any changes in schedule.

BEGINNER, OPEN, AND ADVANCED PICKLEBALL

Everyone is always welcome to drop-in to pickleball, but here are a few guidelines to help you out.

Our schedules are set for a reason, and we ask that you **do NOT ENTER the gym** until the assigned time. Additionally, we ask that you **LEAVE the gym** at the scheduled time.

Open Pickleball is 10:00 am - 1:00 pm every weekday (except for Tuesday, when it runs from 11:30 am - 2:30 pm and Thursday, when it runs until 1:30 pm). We ask for patience as you wait for your turn to play! This is open to ALL levels.

Beginner Pickleball is for those who are just starting out or would enjoy a more comfortable level of play. While anyone can come, expect that the competition level will be more casual. More experienced players are welcome to come out and offer some wisdom and guidance! Beginner hours are on Tuesdays from 1:30 - 3:00 pm. If you are new to the game and would like to learn the basics, beginner hours with a bit more instruction are also offered on Thursdays from 1:30 - 3:00 pm.

Advanced Pickleball is held Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play more competitively. If you join us, get ready for great shots and fast games!

The **Outdoor Courts** will soon be closing for the season. These are available to the public, but are reserved for Senior Center members from 10:00 am - 1:00 pm on weekdays.

BALANCE, STRENGTH, AND FLEXIBILITY CLASS IS HERE!

This popular class will help you improve your balance and flexibility, which prevents falls and injuries and gives you greater confidence to enjoy your life. We will be doing exercises that improve bone density, strengthen muscles, legs, and core that help keep your equilibrium and improve your stability. In our class we will also do warm up stretching exercises to improve posture, performance, and range of motion which enhances and prepares you for your yoga and strength exercises. You can modify this class to your unique needs. **Class is held on Monday mornings at 10:00 am - NOTE THE TIME CHANGE!**

PODIATRY

We are thrilled that Dr. Kelly Whaley continues to serve our seniors every month. **Beginning in June, her fee increased to \$30.** As a reminder, this is due to Dr. Whaley in cash on the day of the appointment.

MYSENIORCENTER SIGN-IN

Please remember to check in at the kiosk for whatever you're doing whenever you're doing it. Thank you to the Lake County Commissioners Office for supplying us with this MySeniorCenter. Not only does this eliminate paper sign-ins, but also allows us to collect data on how our Center is being used and when.

To the best of our ability, bus trips will be advertised two months out. December trips will open for registration at 11:00 am on Friday, November 1. In order to confirm your spot on that day, you must register in person with full payment. Online registration will open on November 2.

Amish Dinner for Lunch - Wednesday, November 6

We have been invited to a farm in Garrettsville for a traditional Amish chicken wedding feast! ON Wednesday, November 6, join us for an amazing homecooked meal at a local farm (and yes, it includes pie!). The bus will leave the Center at noon and return around 3:00 pm. THIS TRIP IS CLOSED.

Holiday Shopping in Lakewood - Friday, November 15

Get your holiday shopping done on this awesome trip! We will be heading out to Lakewood for lunch (on your own), and time to peruse the eclectic shops of the near west side. We include a stop at "Home for the Holidays," a pop-up shop featuring more than 4 local vendors and businesses. Registration and the \$5 fee are due by Wednesday, November 6.

Lunch @ Edwin's - Friday, December 6

This past spring, we had the opportunity to tour Edwins in Shaker Heights. Because we as a group, behaved (mostly), we are invited back for a coursed lunch prepared and served by their students! We are so thankful for our friends at Edwins for this opportunity. This trip opens on Friday, November 1 at 11:00 am. The cost is \$40/person, and **spots are limited!** We will leave the Center at 11:00 am, and be back at the Center around 3:00 pm.

We have a special opportunity to assist the students at Edwins this month. They are collecting: new or gently used winter clothing in all sizes, toiletries, towels, wash rags, new socks, new twin sheets, and cleaning supplies. If you are able to donate to this important cause, please bring your contribution with you on the bus.

Holiday Lights @ Stan Hywet - Monday, December 16

Stan Hywet is the place to be during the holiday season! The estate is illuminated with 1.4 million holiday lights, and the Manor House is decorated in beautiful holiday fashion. Molly's Shop is open for holiday shopping! Before or after your tour, enjoy cocoa and a hot gingerbread cookie or beer, wine and a pretzel from Molly's Courtyard Café. It's all part of a perfect day at Stan Hywet's Deck the Hall. We will leave the Center at 1:15 pm, stop for lunch at Burntwood Tavern (on your own), and arrive back in Kirtland around 7:30 pm. Cost is \$16 per person, and registration begins on Friday, November 1 at 11:00 am. Reservations close on Monday, December 2.

Please remember that all of our bus trips are for Senior Center members only. No reservations will be taken after the cut-off date. Contact the front office if, for some reason, you have to cancel your reservation. Refunds are not guaranteed.
PAYMENT IS DUE AT THE TIME OF THE RESERVATION



SEW WHAT

We are thrilled that we are bringing back our sewing group! Bring your own projects, materials, machines, and questions every week. We are so fortunate to have Sherrie to lead our group! Sherrie comes to us from Mentor, where she spent years as a Home Economics teacher. This is a drop-in group; no registration is necessary. We do have a machine here at the Center that is available for use. We will meet every Wednesday from 10:00 am to whenever you feel like leaving. Ask at the front desk if you have any questions.

BOOK CLUB - THURSDAY, NOVEMBER 17 @ 11:00 AM

This month, we will be discussing "Words for Rain" by Asha Lemmie. According to the reviews, "Words for Rain" is a captivating novel that delves into the complexities of identity, family, and societal expectations. If that itself doesn't make you want to pick this one up, we can't help you. There is no book discussion in December.

TRIVIA - TUESDAY, NOVEMBER 12

Join us in-house for Trivia on Tuesday, November 12 at 11:00 am. Come join us and be a part of a team this month and put all your random (or useless) knowledge to good use! Most of the questions are multiple choice, and it's **FREE** to play! We promise, this is low-pressure and the stakes are NOT high. Winning team chooses the next month's theme - **this month we're focusing on international holiday traditions.** We meet in the lobby to form teams and then the fun begins. No registration necessary.

Just a reminder to check in on MySeniorCenter (computer next to the front office window) whenever you come into the Center for ALL the activities that you will be doing that day. Thank you in advance for your help!

UPCOMING EVENTS

BIRTHDAY LUNCH CELEBRATION - TUESDAY, NOVEMBER 19 @ NOON

We will enjoy chicken parmesan on Tuesday, November 19 at 12:00 pm. *The cost is \$8. Please RSVP by Friday, November 15.* If it is your birthday month, then lunch is on us (RSVP required)! Everyone is welcome...regardless of your birthdate! Our next birthday celebration will be on December 17, and the menu will be chicken pot pie.

MEN'S LUNCHEON - WEDNESDAY, NOVEMBER 13

Men's Luncheon will be held Wednesday, November 13 at 12:00 pm. The menu is lasagna and garlic bread. *Cost is \$8. Please RSVP by November 8.* Our next luncheon will be in January 2025.

LADIES' LUNCHEON - WEDNESDAY, DECEMBER 4

Ladies' Luncheon will be held Wednesday, December 4 at 12:00 pm. The menu is salad with chicken or steak. *Cost is \$8. Please RSVP by Wednesday, November 27.* The next luncheon will be in February 2025.

All menus are set in advance. If you have a specific dietary need, please let us know and we will do our best to accommodate you.

VETERANS DAY LUNCH - THURSDAY, NOVEMBER 7

Help us thank our Veterans at our annual November Luncheon on Thursday, November 7 at 12:00 pm. The meal will be turkey, mashed potatoes, stuffing, gravy, beans, rolls, and butter. Any Senior Center member who is a Veteran will be treated to a FREE lunch courtesy of the Senior Board. All other members are welcome to join & the cost is \$10 per person. Registration required by Thursday, October 31. If you do not anticipate finishing your meal, please bring your own box for leftovers.

ANNUAL HOLIDAY PARTY @ PINE RIDGE - WEDNESDAY, DECEMBER 11

Celebrate the Holiday Season with us at our annual Christmas Party. Door Prizes, Carolers and so much more. Come and join the fun! Doors open at 11:30 am and lunch will be served around noon. The cost is \$20/person and you must be a KSC member to attend. Please remember that if you have dietary restrictions let us know so that we may be able to accommodate you better. Make sure to pre-register and pay by Monday, December 2 (or until sold out). No registrations will be taken after this day.

LAG OPEN SESSION W/ HOSPICE WEDNESDAY, NOVEMBER 20

We are delighted that Hospice of the Western Reserve will be joining us on Wednesday, November 20 at 1:00 pm.

This presentation will focus on "Leaving Your Legacy." As we prepare for our final years, it is important to discern what we leave behind for our loved ones. We are so fortunate that Hospice will give us some tips and suggestions for our future planning, as well as offer insights into their services provided.

This event is FREE and open to the public.



CHAIR VOLLEYBALL W/ PERRY SC MONDAY, NOVEMBER 18

Once again we will be journeying to the Perry Senior Center for a casual Chair Volleyball tournament! The games will begin at 9:30 am, and if you are interested in playing, please let the front desk know. We will also join our friends for a lunch following the tournament. The cost of lunch is \$8, and we ask that you RSVP by Tuesday, November 12. We will be carpooling to this event and leaving the Center at 8:45 am.



WELCOME TO OUR NEW MEMBERS THIS MONTH!

Carol, Maureen, Patricia, Elaine, Audrey, Karen, Chris, Tammy, Diane, Roy, Joseph, Mary, Deborah

TUESDAY, NOVEMBER 26

7:00 PM

EAST SHORE

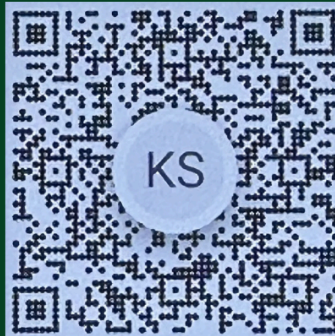
UNITARIAN UNIVERSALIST CHURCH
10848 CHILlicothe RD

ALL ARE WELCOME TO
A CELEBRATION OF
FAITH AND BEAUTY

AN ECUMENICAL SERVICE OF THANKSGIVING

*Give thanks in all circumstances.
1 Thessalonians 5:18*

ALL OFFERINGS
BENEFIT THE
KIRTLAND AREA
SERVICE COUNCIL.
IF YOU WOULD LIKE TO
DONATE, PLEASE USE
THE CODE.



*Join us following the Service
for refreshments and fellowship
Free and open to all*

FALL YARD CLEAN-UP - SATURDAY, 11/09

On Saturday, November 9, the Mayor's Action Network will be collaborating with faith and civic groups around the City for an entire day of service. As part of this event, we will again be headed out to resident homes for fall yard clean-up. If you are a senior or a veteran who would like some help, please sign up at the front desk or contact Teresa at 440-256-3332 ex. 5 or at tszary@kirtlandohio.com.

VETERANS DAY
MONDAY, 11/11

The American Legion Barber Williams Post 609 will be holding its annual Veterans Day Ceremony on Monday, November 11 at 11:00 am at the Kirtland Veterans Memorial (between City Hall and the library). This year will be special as Kirtland's Scout Troop Member Izzie Copeland will be dedicating her Eagle Scout Project during the Ceremony. Kirtland High School band will be playing (weather permitting).



RED CROSS
BLOOD DRIVE
THURSDAY,
DECEMBER 12

On Thursday, December 12, we will be hosting a Red Cross Blood Drive from 9:00 am - 2:00 pm. Every donor has a reason. Every reason is unique. If you're an American Red Cross blood donor, there's a reason why you've chosen to help save lives in this way. If you're a donor - share your story! It may be just the inspiration your friends and family need to make the decision to join us! A typical donation takes less than one hour. We hope you can sign up to help out others on December 12!

FROM THE SENIOR BOARD

November, and the cold returns, furnaces fire up, and we switch from shorts to jackets. Well, welcome to fall! The good news is there are many fun events planned at the center.

This month we have our Veterans Day/Thanksgiving meal. Once again, members who are veterans are treated with Senior Board funds. Also, registration for the annual Christmas party begins November 1. This event sells out yearly so pay as soon as possible. Finally, our 2025 membership is open for renewal now. This money helps cover many Senior Board expenses.

As stated last month, nominations for the senior board opened in October and will close on November 8. Submit your name to Marianne if interested. Should an election be necessary, it will start the week of November 18.

I hope this finds you well and busy. Stop in and say "hi", grab a cup of coffee and get warm. We look forward to seeing you!~ Dave

SENIOR BOARD MEMBERS

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising to help subsidize these meals & events. If you have any issues or ideas, please see one of the board members to pass along. Our 2024 Senior Board consists of: David Saywell (President), Bill Russ (VP), Marcia Haymer (Secretary), Penny Everson (Treasurer), Karin Saywell, Rich Lowery, and Janet Johnson.



DECEMBER VOLUNTEER OPPORTUNITIES:

We will be hosting TWO volunteer opportunities here at the Center in December, and hope you can make the time to help. The Kirtland Area Service Council will be assembling food boxes for families in need on Friday, December 15 beginning at 3:00 pm. They will be pack the boxes on Saturday, December 14 from 9:00 am - 1:00 pm.

We will ALSO be assisting the Police Department with their toy drive this year. They need help in wrapping all the toys that will be distributed to local families. That will also be here at the Center on Thursday, December 19 from 9:00 - 11:00 am.

MONTHLY COLLECTION:

In November, we will be collecting non-perishable food for the Kirtland Area Service Council's annual holiday distribution. Please bring any food to the collection area by the check-in kiosk. For the next two months, we will be collecting for those in our community who may need help and hope that you can contribute!

VOLUNTEER GROUP

We recognize that people want to give back to the community, but are not sure how or where to go. We are looking for a few people to work together and spearhead a new volunteer group here at the Center. The goal is to identify an organization that needs support, and take a group once a month to help out. These leaders will find those organizations (with our help), and work through the logistics. **If you are interested in helping to organize these outings, we gather on the first Thursday of every month at 11:00 am.** We will NOT be meeting in November, but look forward to seeing you on December 5! No need to RSVP. Let's come together to help to communities that have given us so much.

SENIOR BOARD SHIRT SALE

The Senior Board is selling Kirtland Senior Center shirts and Polos. Cost is \$12 for t-shirt & \$25 for polos. Order forms are available in the office. Make checks payable to Kirtland Senior Guild. Please note that there are additional charges for plus sizes.



2025 MEMBERSHIP IS NOW OPEN

2025 registration opened on October 1. All current memberships run through December 2024. Anyone is welcome to join, regardless of where you live. Please note that your 2024 membership will only go through February of 2025, and we will stop sending newsletters at that time. All members must renew annually in order to be part of the best Senior Center in Kirtland!

RIDDLE ANSWERS

1. Because they saw the turkey dressing.
2. Because her coach was a pumpkin.

THE SENIOR CENTER WILL BE CLOSED:

Gym closed November 4 - 5 (Voting)
Monday, November 11 (Veterans Day)
November 28-29 (Thanksgiving)

CAPTURING THE FULL PICTURE

The police department recently purchased Motorola body cameras and in-car video cameras to better assist in documenting all the aspects of our public interactions. This is important to 21st century policing models as a way to build trust and add to the legitimacy of the department. Prior to this, the police were only using body cameras. What we found is that while body cameras are good, a combination of body cameras with in-car videos allows officers to capture a more complete picture of what is happening when interacting with the public. The best example of this is traffic enforcement.

The addition of in car video recording allows officers to capture the violation, in real time, on video, which may be used as evidence. When an officer is behind a potentially impaired driver, the officer can start recording the violations and narrating what it is they are observing, which will be saved and documented to aid in the successful prosecution of the case. Capturing pre-contact video was not possible prior to the addition of this important technology.

The in-car and body camera systems work together and sync when an officer starts their shift. If the officer starts recording, both systems automatically turn on. While in the police cruiser, officers no longer have to remember to start their cameras. When they push a siren or turn on their emergency lights, the system automatically starts. The in-car cameras record a front view, a panoramic front view, and a cabin view of the back seats. The technology also allows the police department to store all video files on a new cloud-based system, set a digital retention schedule and provides video redaction services to protect privacy and sensitive information. Maybe best of all, all the video wirelessly downloads into the cloud-based system, which saves officers a tremendous amount of time by eliminating the need to manually download everything to an internal server.

The police department is pleased that city council saw the need for this additional technology and approved its implementation after a rigorous bidding and investigative process. We strive to provide the best professional services and equipment to ensure that the community can have full confidence in our daily efforts to keep everyone that enjoys Kirtland safe. ~ Chief McCallister

KIRTLAND GARDEN CLUB

Think Spring with the Garden Club of Kirtland. Learn how to bring spring color and fragrance indoors this winter by forcing spring-flowering bulbs. Presented on Thursday, November 7th in the Sunflower Room. 6:00 pm gathering with program starting at 6:30 pm. Refreshments will be served. All are welcome.



THIS MONTH AT THE KIRTLAND LIBRARY:

Monday, 11/04
6:00 pm

Knit & Crochet Club

Wednesday, 11/13
7:00 pm

Cleveland Holiday Traditions
From early settler traditions to department store palaces, Cleveland has always embraced the holiday season in a big way. Share your memories of Mr. Jingeling and the department store windows while learning about some lesser-known holiday traditions of Clevelanders both then and now.
Registration required

Tuesday, 11/07
5 or 6:00 pm

3D Design: Lithophane
Bring a digital version of your favorite photos and learn how to turn a picture into a 3D printed nightlight. Please bring 3 digital photos (on a thumb drive) so we can use the one that works the best. These make a special gift for yourself or to give away at the holidays. This class is made possible through the generous donations of the Deloris C. Parsons Endowment Fund.

Monday, 11/25
1:30 pm

No Pressure Book Discussion

Monday, 11/11
6:00 pm

WWII Presentation
Experience a first-person account of the Normandy Invasion. Presenter Peter Booth will be portraying a member of the 5th Rangers and telling their story. There will be artifacts on hand to see.
Registration required

Tuesday, 11/26
6:00 pm

Book Page Wreath Craft
Join us to make a book page wreath for the holidays.
Registration required

Monday, 11/12
6:00 pm

Culinary Class: Spanish Tapas
Travel to Spain via your taste buds. Sample some delicious food and learn how to make tapas at home.
Registration required; \$10/person

Save the Dates:
Saturday, November 2 -
Used Book Sale from 9:00 am - 1:00 pm
Swap Day from 10:00 am - 1:00 pm

10/12 - 11/15 Friends of the Library Basket Raffle

The beauty of beginner pickleball is that you can be a beginner for as long as you want. For some people, that's a few months. For others, it's a few years. We have beginner hours for those who are more comfortable with casual play. They exist for those who are new and for the group that have bonded together over a game that isn't quite tennis and isn't quite badminton. Beginner hours exist for those who just wanna have fun. And if you know Molly Vanek, you know that she does.

Molly was born in the area into a family of her parents and 13-month older sister. She was eventually joined by five more children. Seven children in nine years makes for crowded quarters, and her father built a house in Gates Mills that could accommodate the entire brood. From a young age, all seven of the children were taught the importance of hard work. The lessons learned from Molly's Cleveland Press paper route in sixth grade remain with her today.

She attended St. Francis of Assisi for grade school, and moved on to Notre Dame Academy in high school. Although not entirely politically minded, her efforts were spent as a class officer, until she found her true love in a thirty-second theatrical debut in their production of *The Sound of Music*. Although a rousing success (probably), the end result didn't exactly justify the time commitment, so it was back to class officer for this young 'un.

She went to St. Mary's College in South Bend, which she still maintains is one of the prettiest places in the world (especially during a fall day). She logically used her double major in marketing and psychology to go into real estate in both Florida and Ohio. Molly quickly found her real love - both in the title business as well as in sales, where she met her husband Jim. They got married on my eleventh birthday at St. Mary's in Mentor, and welcomed their first son exactly ten months later.

As Molly and Jim raised their family, she would help at Musca Properties, her family's business. The commercial real estate company has interests in seven different states, and certainly keeps everyone busy. What truly binds the family is a love for service. Traditionally, they travel to El Salvador every year, where they sponsor Cuervo Ariba - a local village. Her mother had been close with an Ursuline sister who had been stationed in the country, and Molly's family rose to the challenge of meeting their needs. Their annual trip focuses on immersion, and they award 17 area students with college scholarships. Her father (who not-so-coincidentally has 17 grandchildren) encourages the family to help "one life at a time." These trips continue to remind Molly of the beauty that exists in the places we may not expect and in the people we may not know.

Their family includes Jim's daughter Emily, and their children Jimmy, Jacqueline, Joe, and Jenna. They are fortunate to continue to grow their pack as they welcome both in-laws and grandchildren. Not only are her loved ones dear, they are also near. The ties that bind are strong in Molly's life, and her face lights up (more than usual) when she speaks of her kids, their kids, her mother, and her sisters.

In her spare time, this fair-weather Cleveland sports fan likes to travel, to play pickleball, and to enjoy her favorite drink - Bud Lite draft. Molly can be found at country concerts, at Tavern 6, and at church. Jim and the kids finally convinced her to get her first-ever dog when she was 50, and Tobi was the light of her life.



When she isn't helping to change the world through her family, her faith, or her ever-present smile, she is ducking behind a door to avoid me. In the past few months, I have requested Molly's help in ways that are not necessarily in anyone's comfort zone (this interview being the most recent example). I am delighted that she agreed to be part of our LAG (Life Adjustment Group) team, and has consistently been an amazing addition to our dedicated volunteers.

While the beauty of beginner pickleball is that it truly is for everyone, the heart of beginner pickleball is Molly Vanek. While I can't take credit for that particular commendation, I wholeheartedly agree. Although the choice words she may use are best discussed under the seal of confession, I am able to absolve her of laughing too hard for me to get any work done. In my office. Across the building. Where I can still hear her. The contagious joy of Molly is nearly impossible to resist.

To those who, beginner or not, play pickleball on Thursday afternoons - thank you for helping me convince Molly to share her story. And Molly - it was a pleasure to hear it.

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KIRTLAND, OH 44094
7900 EUCLID-CHARDON ROAD
KIRTLAND SENIOR CENTER

BAD JOKES FOR NOVEMBER:

Why did the cranberries turn red in November?

Why was Cinderella bad at football?

Answers inside!

2025 MEMBERSHIP RENEWAL

All members must renew annually in order to be part of the best Senior Center in Kirtland! If you have not come in to renew, please do so. Note that your 2024 membership is active through December 2024, and we will stop sending newsletters to those who have not renewed shortly thereafter.

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years. Become a member at any time!

KIRTLAND SENIOR CENTER

(440) 256-4711

communitycenter@kirtlandohio.com

www.kirtlandcommunity.com

*Funding provided by the City of Kirtland Recreation and Senior Levy
and the Lake County Commissioners Senior Citizens Levy*